Low-income seniors rely on Social Security benefits for a major share of their retirement income.

**Social Security Benefits (% of Total Income)**

- **Lowest Quintile** (Under $13,499): 81%
- **Second Quintile** ($13,499–$23,592): 81%
- **Middle Quintile** ($23,592–$39,298): 61%
- **Fourth Quintile** ($39,298–$72,129): 39%
- **Highest Quintile** (Over $72,129): 15%


**NOTE**: A quintile is one-fifth of the population.