U.S. dependency on foreign lenders to finance the federal debt has risen sharply

- **1970**
  - Total Debt: $283 Billion
  - Foreign Holdings: 5%

- **1995**
  - Total Debt: $3,604 Billion
  - Foreign Holdings: 23%

- **2019**
  - Total Debt: $16,801 Billion
  - Foreign Holdings: 40%