SNAP benefits help to lift people out of poverty

% of SNAP Households

Excluding SNAP Benefits  Including SNAP Benefits

Above the Poverty Threshold

19%  29%

In Deep Poverty

38%  27%

NOTE: Deep poverty is defined by the U.S. Census Bureau as having income below half of the federal poverty threshold. In 2017, the federal poverty threshold for a family of two adults and two children was $24,858.